**Hosted by TLR IIII EVER**

Fill out the form. Pay online or via CashApp: **$Tlr4ever** placing **team name** in message box. **$50** per team, Call/Text Santino (313)608-9337 or email: ceo.wilson@tlrfitness.org

T.L.R Fitness goals is to encourage people of all ages to be more aware of their health by promoting community bonding, and fun ways to engage youth and adults in a complete transformation of their physical, mental, and social wellbeing. Our “T.L.R Fitness Trivia Race” consists of teams of 2 on an obstacle course. Five questions will be asked at each check point and if any questions are answered incorrectly, it’ll require exercises such as: Push-ups, jumping jacks, Burpees, Mounting Climbing and/or more… to continue. The first three teams to finish will receive awards. “Our fitness events get communities involved in friendly competition while building camaraderie… let’s have fun, while living healthy.”

Check each box below:

* I declare that the info I've provided is accurate & complete.
* I hereby acknowledge this release from liability for accidental injury or illness which I may incur as a result of participating in any physical activity.
* I hereby assume all risks connected therewith and consent to participate in this program.
* I agree to disclose my physical limitations, disabilities, ailments, or impairments which may affect my ability to participate in this program.

I understand & agree this is a legal representation of my signature. Make this official by signing:

Santino Wilson, "Provider"



Competitors, "Recipient"

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_